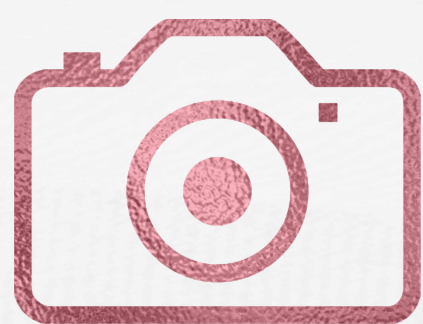




Join our PNASC WLA 10th Anniversary 2 Social Media Challenge

🎉📱 Happening from Sept 10 – Oct 10, 2025 across
TikTok, Instagram, and Facebook. Open to ALL SoCAL
nurses, members, and non-members.



🌟 **Challenge 1: ScrubsToSpotlight**
From scrubs to spotlight - share
your nursing journey: where you
started and where you are now!”
Share your story!

🌟 **Challenge 2: BestTips Challenge**
Share your best nursing, wellness,
or life tip

🏆 What You Can Win

- 🎫 Free Gala Ticket + 🌟 Honored at the Gala + 📸
Featured on PNASC WLA socials & website
- 📺 Consolation: \$20 Starbucks or Amazon gift cards
- 💙 Sponsored by President Diane

📱 How to Join the Challenge 5 Easy Steps

Choose Your Challenge

#ScrubsToSpotlight – Show your
transformation from scrubs →
spotlight/glam look.

#BestTips – Share your best
nursing, wellness, or life tip.

Post It

Upload your video or photo on
TikTok, Instagram, or Facebook
(make sure it's public).

Add Hashtags

Use #PNASCWLA10 + the challenge
hashtag (#ScrubsToSpotlight or
#BestTips).

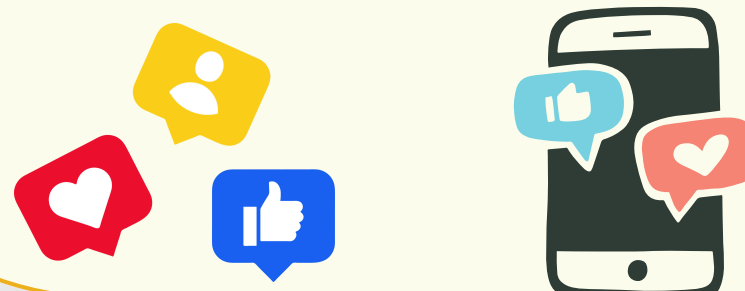
Tag & Nominate

Tag PNASC WLA official accounts
and nominate 3 friends/nurses.

Say a Bonus Line in your post 🎤

Examples:

- “From scrubs to spotlight—see
you at the PNASC WLA Gala,
Nov 8 at Hilton Universal!”
- “Here’s my best tip—share yours
at the PNASC WLA Gala, Nov 8
at Hilton Universal!”



Get your tickets to the gala Nov 8, 2025 Hilton Universal
@mypnasc.org

👉 “Not yet a member? Join PNASC WLA today and be part of the legacy!”